

## WEEK 1

### Sunday

- Went to bed at 9 pm, wandered into living room at 10:30 pm, led him back to his bedroom and he went back to sleep, had to wake him up at 6 am for school
- He had a sleepover at a friend's house on Saturday night

### Monday

- Tired after school, went to bed at 8:30 pm and slept through the night, woke him up at 6:15 am

### Tuesday

- Went to bed at 8:30 pm, slept through the night, woke him at 6 am for school

### Wednesday

- Got home later from basketball practice, went to sleep at 9:15pm, got out of bed at 10:45 pm -mother found him trying to go to the bathroom in his closet, took him to bathroom, then went back to sleep, woke him at 6 am for school

### Thursday

- Went to bed at 8:30 pm, got up at 6am

### Friday

- Went to friend's house for sleepover, not sure what time he went to bed or got up

### Saturday

- Took a short nap Saturday afternoon for 45 minutes, went to bed at 8 pm, had a sleepwalking event which had some screaming with it around 9:45pm, led him to the bathroom, woke up at 7 am the next morning. Did not remember anything

## WEEK 2

### **Sunday**

- Went to bed at 8:30 pm, had to be awoken around 6 am for school

### **Monday**

- Went to bed at 8:15 pm, slept until 6:15 am, mother did not have to wake him

### **Tuesday**

- Went to bed at 8:30 pm, woke up at 6:15 am

### **Wednesday**

- Got home late from basketball practice - in bed at 9:00 pm, had to wake him at 6am

### **Thursday**

- Went to bed at 8:45 pm (had homework to complete), had sleepwalking at 10:15 pm, had to wake him at 6:00am

### **Friday**

- Went to bed at 10 pm, slept until 8 am the next day

### **Saturday**

- Went to bed at 9pm, slept until 7:30 am